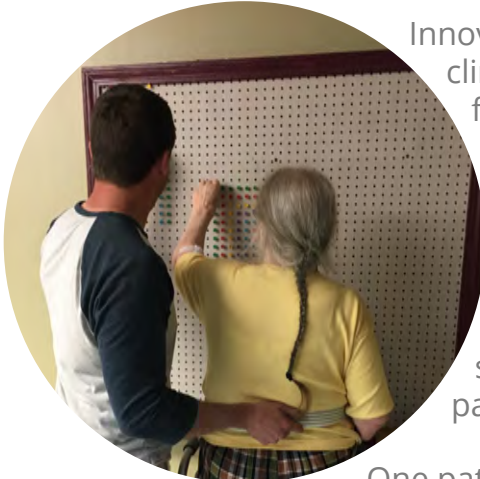


Excellence in Action

MacGyvers of Therapy

A success story as told by Matt Cameron,
Area Manager, MO



Innovation is a TMC Core Value and an essential part of providing clinical excellence through our services. Our team in Centralia, MO found a way to not only clean up their community, but to create innovative therapy equipment.

Using materials found around the community, our therapists constructed a large peg board and a multi-use ADL board. These tools target fine motor coordination, functional reach, standing balance, crossing midline, active range of motion, trunk stability, cognition, and receptive language skills, allowing the patient to perform dynamic functional activities.

One patient to benefit from these tools recently had a CVA. She utilized the peg board to increase standing balance, improve her ability to safely stand during ADLs, practice crossing midline, and increase the use of her affected side. The board allowed her to visualize her progress and see how much further she could reach outside her base of support during each session. Her ability to perform daily tasks, including grooming, retrieving clothing items from the closet, and performing light cooking duties, all benefited from the skills she was able to practice.

Throughout the construction process, the entire team contributed to the equipment in some way. Even the patients got involved by painting the golf tee pegs to make it more colorful. This simple project has motivated and benefited the entire team at Centralia.



Stay tuned for next month's Excellence in Action Story from more of our teams in the field!